

Neuro Plan Course CE/CME Accreditation

Accreditation Statement:

In support of improving patient care, this activity has been planned and implemented by RUSH University Medical Center and Brain Initiative, Inc. RUSH University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Joint Providership Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Rush University Medical Center and **Brain Initiative Inc.** Rush University Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

LEARNING OBJECTIVES:

- Define key healthy lifestyle components to reduce neurodegenerative disease risk.
- Describe evidence supporting lifestyle changes for brain health prevention.
- Identify and overcome barriers to lifestyle modifications.
- Demonstrate creating personalized lifestyle modification plans.
- Apply behavior change principles for lasting lifestyle adjustments.
- Evaluate the impact of lifestyle interventions on brain health using specific metrics.

Credit Designation Statements

For Medicine:

Rush University Medical Center designates enduring material for a maximum of 11.50 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

For Nursing:

Rush University Medical Center designates this enduring material for a maximum of 11.50 nursing contact hour(s).

For Pharmacy:

Rush University Medical Center designates this knowledge-based enduring material for a maximum of 11.50 contact hour(s) for pharmacists.

For Psychologists:

Rush University Medical Center designates this enduring material for 11.50 CE credits in psychology.

For Dieticians:

This enduring material has been approved by the Commission on Dietetic Registration for 11.50 CPEUs.

For physical therapy or occupational therapy:

Rush University Medical Center is an approved provider for physical therapy and occupational therapy by the Illinois Department of Professional Regulation. Rush University Medical Center designates this enduring material for 11.50 continuing education credits.

Principal Faculty:

Dr. Ayesha Z. Sherzai MD, MAS and Dr. Dean Sherzai, MD, PhD, MPH

Disclosure Information

As a provider of continuing education, Rush University Medical Center asks everyone who has the ability to control or influence the content of an educational activity to disclose information about all of their financial relationships with ineligible companies within the prior 24 months.

There is no minimum financial threshold; individuals must disclose all financial relationships, regardless of the amount, with ineligible companies. Individuals must disclose regardless of their view of the relevance of the relationship to the education. Mechanisms are in place to identify and mitigate any potential conflicts of interest prior to the start of the activity. All

information disclosed must be shared with the participants/learners prior to the start of the educational activity.

Unapproved Uses of Drugs/Devices: In accordance with requirements of the FDA, the audience is advised that information presented in this continuing medical education activity may contain references to unlabeled or unapproved uses of drugs or devices. Please refer to the FDA approved package insert for each drug/device for full prescribing/utilization information.

The course directors and faculty, Dr. Ayesha Z. Sherzai MD, MAS and Dr. Dean Sherzai, MD, PhD, MPH, MAS have no relevant financial relationships with ineligible companies to disclose.

Method of participation in the learning process

- View presented content
- Complete testing component (A score of 80% or higher is required to earn credit).

Estimated time to complete the educational activity

- 11 hours, 50 minutes

Dates of the original release and the termination date of the activity:

- Begin Date – 8/6/2024
- End Date – 4/14/2027